



## **BOONTON JUNIOR BOMBERS WRESTLING PROGRAM**

### **WHAT IS THE WRESTLING PROGRAM ABOUT**

Instruction in basic and advanced fundamentals of scholastic wrestling, physical conditioning, and Sportsmanship.

No experience required – All levels welcome

**Qualified youth varsity wrestlers will participate in the Tri-County Jersey League.**

**All novice wrestlers will participate in the King of The Mat (KOM) League. JV will have opportunities within the JV KOM and exhibition JV matches within Tri-County.**

### **WHO IS ELIGIBLE**

Lincoln Park / Boonton/ Boonton Twp Boys & Girls in Grades 1 thru 8

### **EQUIPMENT NEEDED**

Long/Short Sleeve Shirts, Shorts/Sweatpants (Basic Workout Gear)

A mouthpiece is required if you have braces.

Headgear and Wrestling shoes are required during all practices and matches.

### **WHEN DOES IT START**

TBD Early November 2023

### **WHERE**

Boonton High School Auxiliary Gym  
(Use Main Parking Lot Entrance).

### **REGISTRATION**

**click the link to register: [Boonton Jr Bombers 2023 Registration](#)**

\*Opens September 5, 2023\*

Fee is \$100.00 per wrestler

Uniform Deposit is \$50.00 per wrestler

(Deposit will be returned when Uniform is returned at seasons end)

Registration closes on November 22, 2023

### **MANDATORY PRACTICE**

Novice – Tuesday & Thursday

Varsity & 6-8 Grade – Monday, Wednesday & Thursday

### **FOR MORE INFORMATION CONTACT**

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